



Cultural Orientation Webinar Washington DC, December 2013

RSC Eurasia – Cultural Orientation



Areas Of Coverage



NATIONALITIES



Uzbek
Moldovan
Ukrainian
Russian



Armenian
Azeri
Belarus



Afghan
Somali
Eritrean

Iraqi
Iranian



Congolese
Sudanese
OTHERS





The Myths We Hear

- **My friend's daughter got higher education in U.S. for free, so it is free for anyone...**
- **Men are treated as second class citizens compared to women, kids and even dogs...**
- **I am going to be fully taken care of for 8 months**
- **Resettlement Agency is going to drive me everywhere I need to go**
- **Minnesota is the best place for Somalis**
- **Obama was born in Kenya ☺**



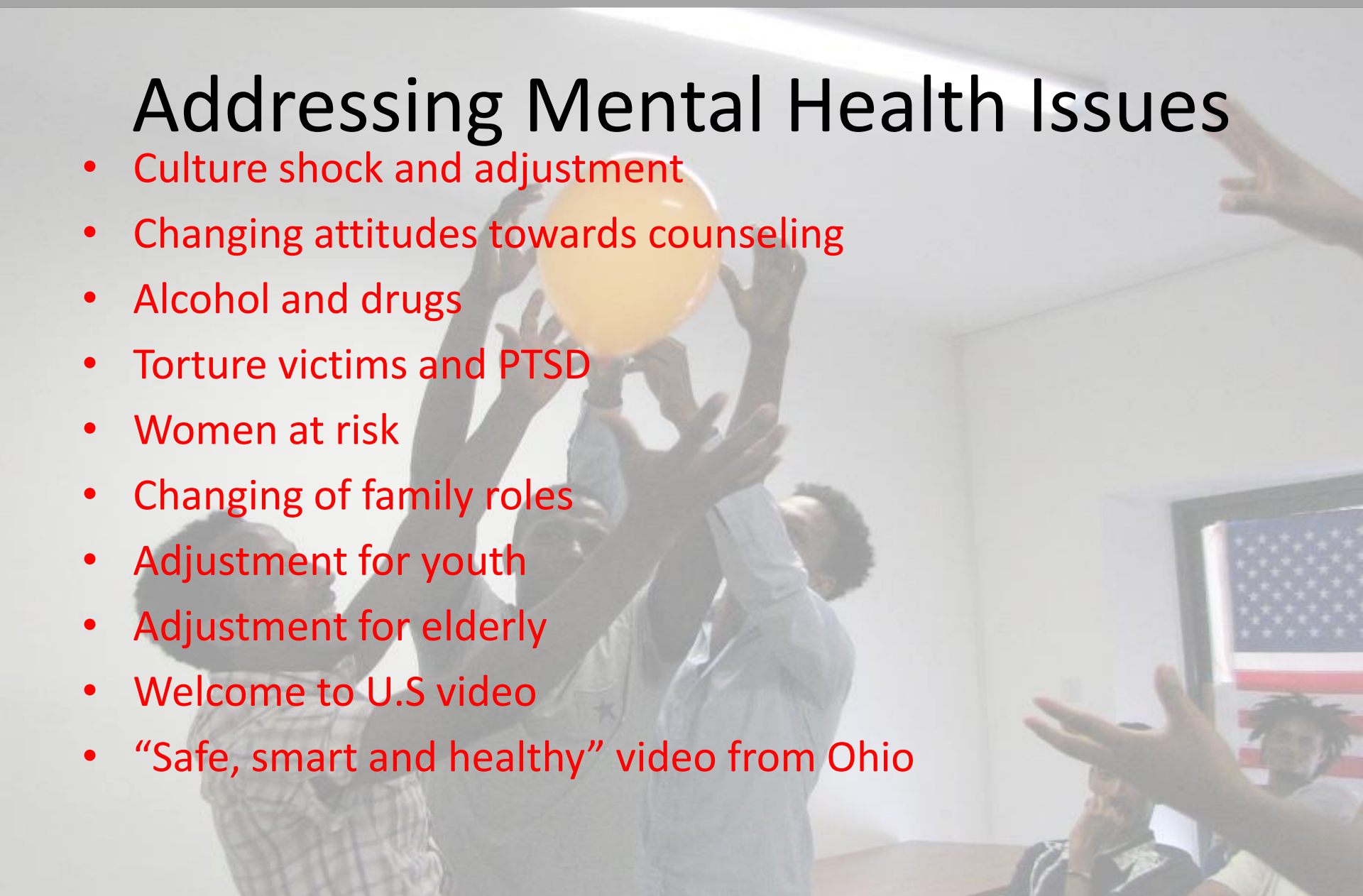
Objectives Of The Training

- To provide refugees with *accurate* information about life in the US
- To help refugees develop *realistic expectations*
- To develop refugees' *awareness and skills* necessary for successful adaptation to their new society especially during their first months of stay in the US
- To address refugees' *concerns* and questions
- To *empower* women refugees



Addressing Mental Health Issues

- Culture shock and adjustment
- Changing attitudes towards counseling
- Alcohol and drugs
- Torture victims and PTSD
- Women at risk
- Changing of family roles
- Adjustment for youth
- Adjustment for elderly
- Welcome to U.S video
- “Safe, smart and healthy” video from Ohio





Healthcare

- Initial health screening
- Costs of healthcare and insurance
- Medicaid
- Primary, urgent and emergency care
- Hygiene
- Dental care
- Preventive care
- Glimpses of Obamacare



RSC Eurasia CO team conducts three standards of trainings:

- - 1-day (6-7 hours) session for P2 refugees outside Moscow
- - 3-day (15-18 hours) session for P1 refugees
- - 0.5 day (2-3 hours) session for refugees in Moscow







AREAS OF SPECIFIC EMPHASIS ARE LARGELY DEPENDENT ON THE POPULATIONS.

FOR ALL POPULATIONS THE AREAS OF EMPHASIS ARE:

English
Role of the RA
Fast employment
Self sufficiency
Healthy practices
Realistic expectations
Psychological well-being

The background of the slide features a photograph of a group of people, including a woman in a blue hijab and glasses, sitting on the floor and looking at a document. Other people are partially visible around her, some sitting on chairs. The overall scene suggests a community meeting or a training session.



The end

